

# NARIKA

A Domestic Violence Helpline for South Asian Women

CHANGING THE WAY

WE LIVE...

VIOLENCE FREE



# MISSION

Narika's mission is to promote the empowerment of women in our community to confront the cycles of domestic violence and exploitation.

We work to build a movement to end violence against women and to actively support women's rights as human rights.



Narika

# NARIKA'S PHILOSOPHY

- Narika's philosophy relies on incorporating our cultural affinities, our language capabilities, and the most empowering practices from both South Asian and American cultures. Our volunteers and staff offer advice, helping hands, and a sisterly ear providing the support and information women need to make their own decisions.

# HELPLINE

1-800-215-7308

- ❖ Established in April 1992
- ❖ Provides support and information to women and children in abusive situations
- ❖ Languages spoken:
  - Bengali, English, Gujarati, Hindi, Kannada, Konkani, Malayalam, Marathi, Punjabi, Tamil, Telugu, and Urdu



Narika

# REFERRAL SERVICES

- ❖ Attorneys/Legal Services
- ❖ Translation Services
- ❖ Emergency Shelters
- ❖ Doctors/Health Services
- ❖ Mental Health Agencies
- ❖ Direct Aid/Financial Services
- ❖ Employment Agencies
- ❖ Child Care
- ❖ Immigration Services
- ❖ Court Accompaniments
- ❖ Housing Services
- ❖ Family/Marriage Counseling
- ❖ Job training/Career Development
- ❖ ESL Classes
- ❖ Transportation Services



# DIRECT AID

- ❖ Provide limited monetary assistance at times of financial crisis
  - ◆ legal fees
  - ◆ medical bills
  - ◆ special needs
    - driving lessons
    - textbooks
    - childcare
    - tuition
    - rent
    - groceries



# STATISTICS

- ❖ Narika logs an increasing number of calls and cases each year:
  - ◆ 1200 new calls in year 2009
  - ◆ 325 women provided case management, referrals, advocacy.



# COMMUNITY OUTREACH & EDUCATION

## ❖ Speakers' Bureau

- ◆ provide technical assistance to service providers

## ❖ Faith-based Community Outreach

- ◆ faith-sensitive programming for places of worship

## ❖ Men's Outreach

- ◆ program led by male volunteers to explore pressures perpetuating domestic violence
- ◆ defining men's role in the movement against domestic violence





# SOUTH ASIAN ECONOMIC EMPOWERMENT (SEED) PROGRAM

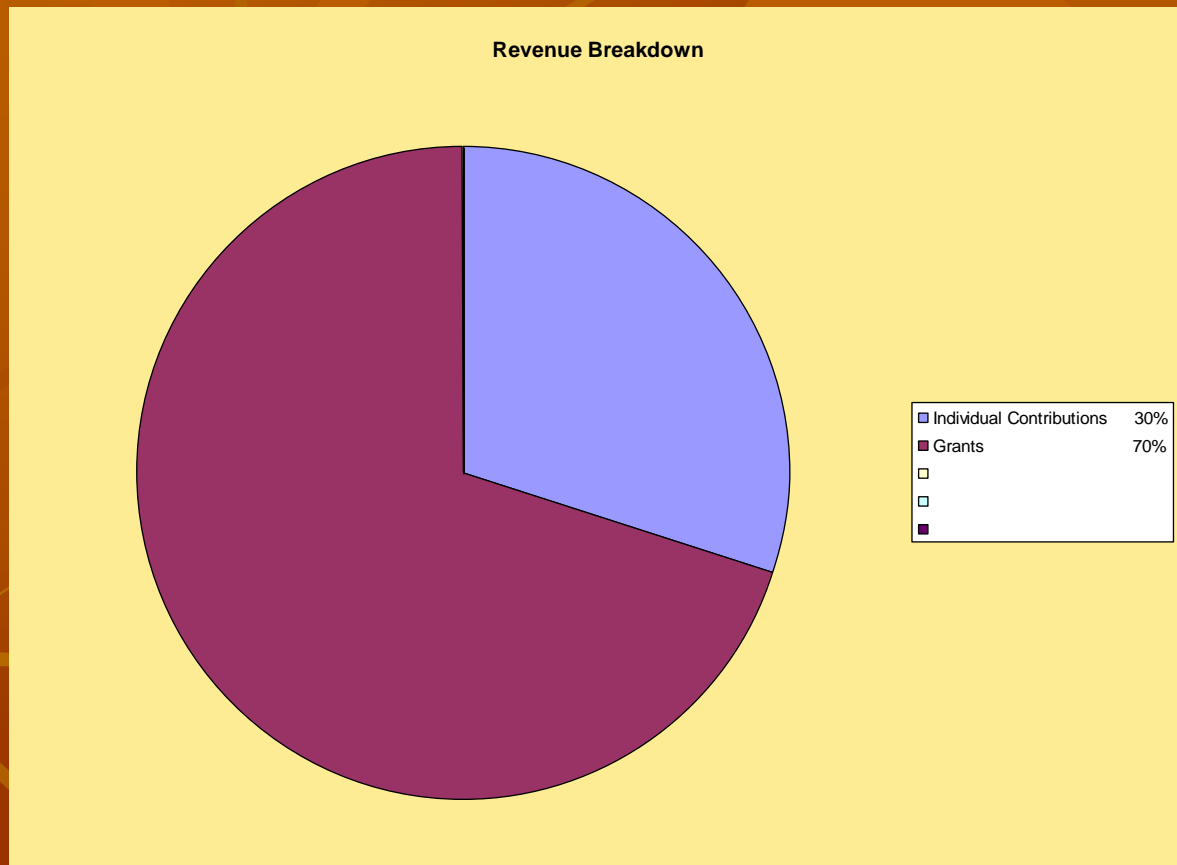
The SEED program is designed to foster women's economic independence through the development of leadership skills, and the encouragement of personal and professional growth.

SEED is an integral part of Narika's violence prevention and advocacy work in the community.

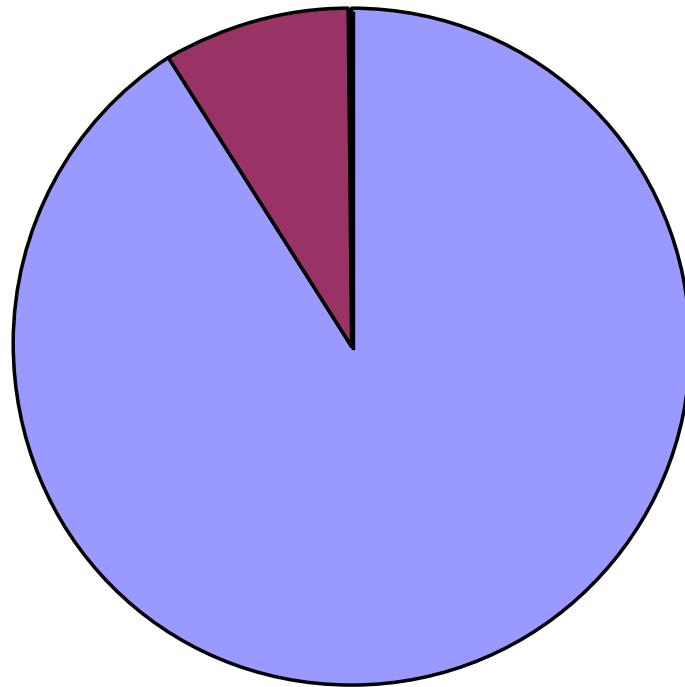


Narika

# REVENUE BREAKDOWN



# EXPENSE BREAKDOWN



■ Program &  
Services  
91%

■ Administration &  
Fundraising 9%



# HOW YOU CAN HELP

- ❖ Take a Stand Against Domestic Violence
- ❖ Become a Narika Patron/Donor
- ❖ Attend Narika Events
- ❖ Be a Mentor to Narika Clients
- ❖ Volunteer Your Time and Expertise
- ❖ Make In-kind Donations
- ❖ Become a Corporate Sponsor













