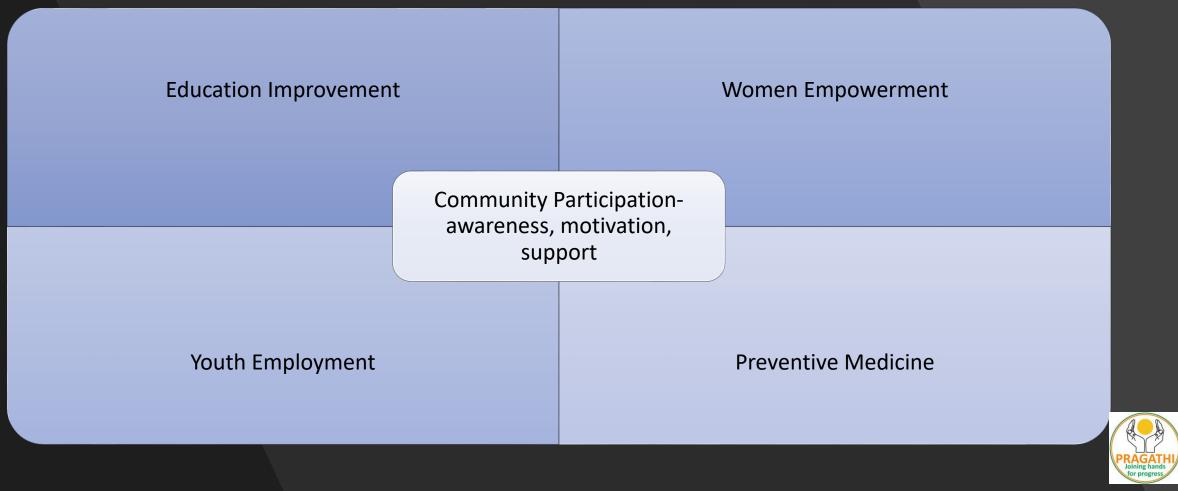
Prevention is Better Than Cure A Unique Approach Through 'SMILES' Program

> Dr Alok Agrawal, MD, FASN, FNKF IDCA Hyderabad – February 2018 Global Pragathi (USA) <u>www.globalpragathi.com</u> Pragathi Welfare Society (India) www.pragathiwelfaresociety.com



# Poverty Alleviation Through Integrated Rural Development





## **OUR VISION**

Take concrete steps towards a world devoid of preventable diseases and poverty

### **Integrated Rural Development**

#### Education

- Improving education in more than 100 schools
- Construction of auditorium
- Construction of class rooms
- Benches and desks for all students
- Construction and maintenance of toilets in school
- Started computerlab in school
- ✤ Started libraries in 100 schools
- Started science lab
- Conducting science fairs
- Provide bicycles to students annually
- Providing teaching assistants
- Providing recognition awards

### **Community Mobilization**

- Motivating villagers
- Youth counseling
- Undertaking need based projects
- Involving youth in projects
- Giving responsibilities in projects

#### Women Empowerment

- Construction of Anganwadi centre
- Skill training in stitching and other trades
- Providing stitching machines regularly
- Purchase of livestock
- Starting small businesses
- Construction of building for activities
- Providing oppurtunities for marketing

#### **Youth Employment**

- Support for starting enterprise
- Awareness and skill training regularly
- Computer literacy
- Employed youth in the village
- Employment opportunities

### **Preventive Health Care**

- Swacch Village project
- Anemia screening project
- Medical camps & distribution of medicines
- Clean drinking water project
- Toilet construction for open defecation free

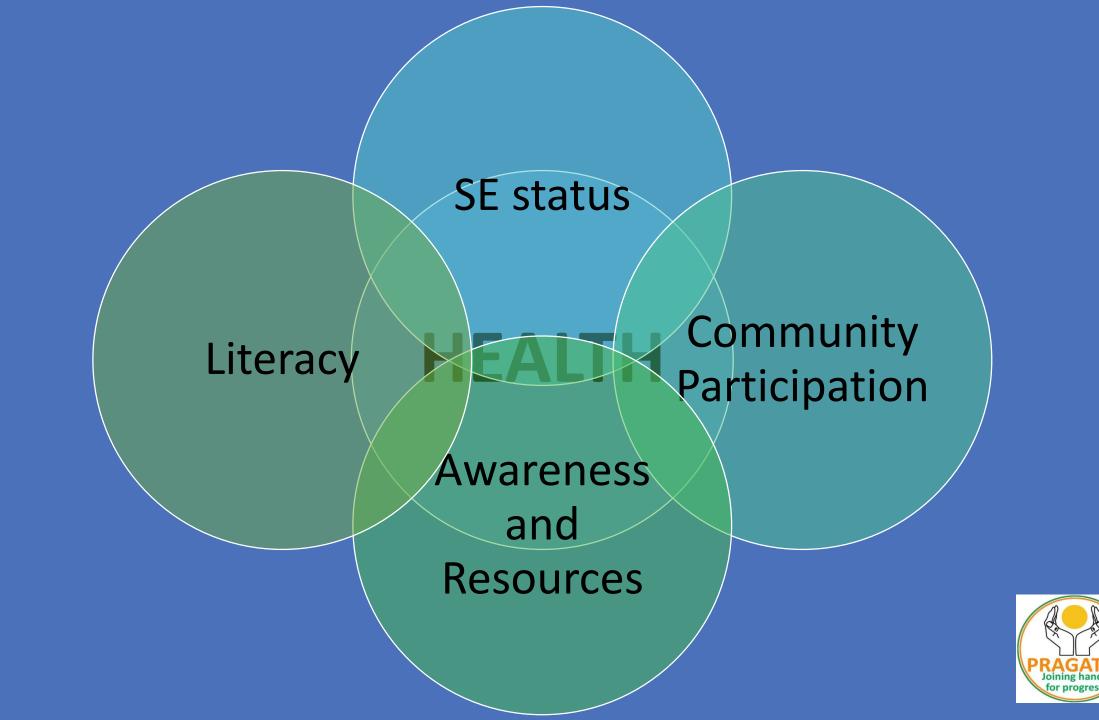




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## http://www.globalpragathi.com/Donate





## Why Is Prevention Better Than Cure?

Decreased disease burden for individual

Improved quality of life from overall well-being

**Increased longevity** 

Decreased pill burden for patient

Decreased stress and suffering for family

Decreased expense and increased savings for family

Increased productivity, efficiency and happier societies

Huge decrease in expense over time for the tax payer/system

Decreased burden on curative services

Curative services do not offer perfect remedies



# There Is No Better Way Than Prevention in India

Huge population

Poverty

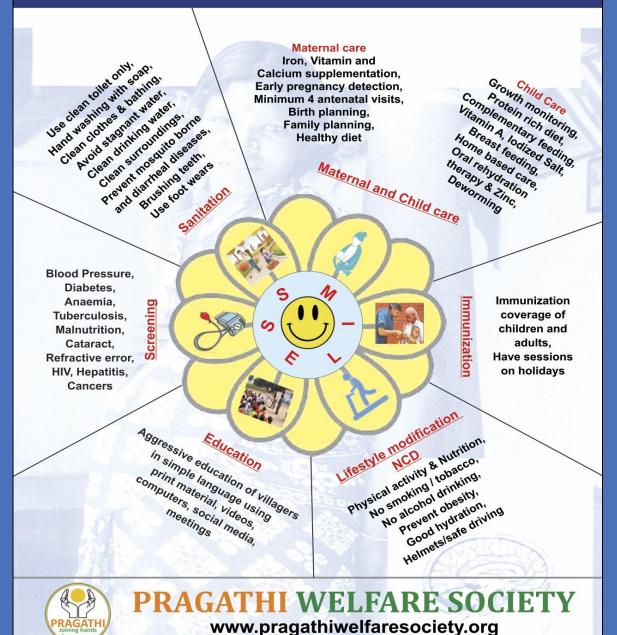
Illiteracy

Lack of access to health care in rural areas





## **SMILES PROGRAM FOR GOOD HEALTH**

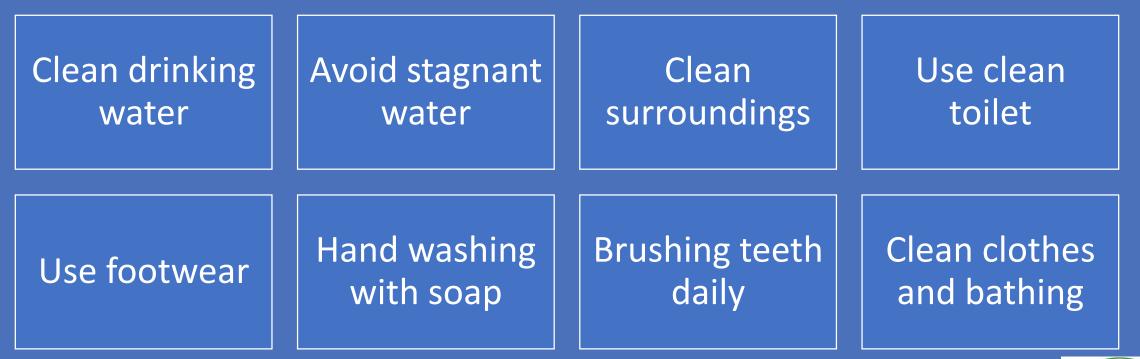




## **Educators**

- ASHA workers
- ANMs
- Health care workers
- Aanganwadi workers
- School children
- SHGs
- Pragathi staff

## **SMILES – Sanitation and Water**







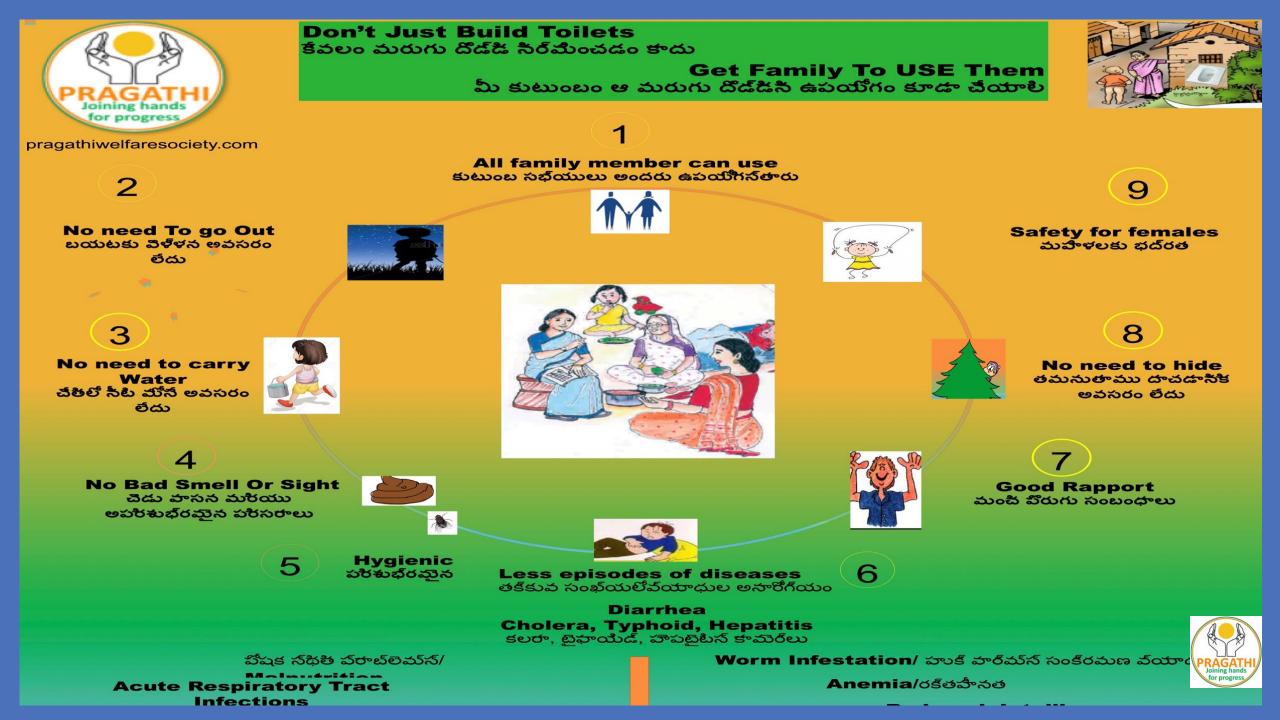






# More than 600 toiletsalmost ODF











# Clean Villages









# Two Clean Drinking Water Plants





**P R D C** - ECO Sanitary Napkin Project (upcoming)

## **Pragathi Compostable Pads** Good For You, Good For The Earth





Non-Compostable - Rs. 3 per piece Compostable - Rs.3.30 per piece

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X

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X

## <u>Features</u>

Compostable Indigeonous Usage of wood pulp Safe for Environment No toxins released



## Menstrual Hygiene- Sanitary Napkins Unit



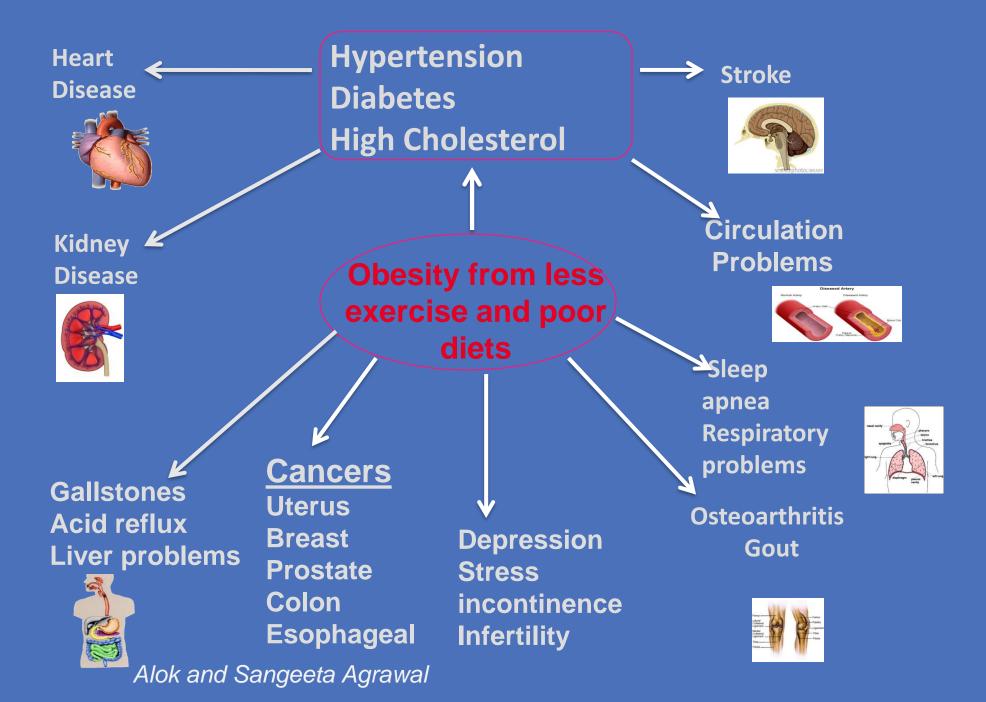






# Sub center and NCD clinic







Create an army of preventive health care workers

Together Everyone Achieves More

Thank you !!!!

