



Gram Seva Foundation, USA

www.gramseva.org

FOUNDED BY DR. RODA K. PATEL 2003-2004



1934-2011

**To support
Gram Seva Trust, INDIA**



GRAM SEVA TRUST

Dedicated to Health Care & Rural Development



Founded by
Drs. Ashwin & Harsha Shah-1994



Working
For.....



Health Problems in villages



- Lack of Health Facilities
- Lack of Awareness
- Poverty

Diseases like

- Malnutrition
- Severe Anaemia
- Worms
- Sickle Cell Disease
- TB
- Diarrhoea
- Pneumonia

HEALTH PROBLEMS IDENTIFIED

- Alcoholism, superstitions and misbeliefs
- 50% of women are anemic & 2.5% are severe

EVERY MINUTE 4 CHILDREN DIE FROM

Diarrhea

Pneumonia

TB

Typhoid

Malaria

Measles



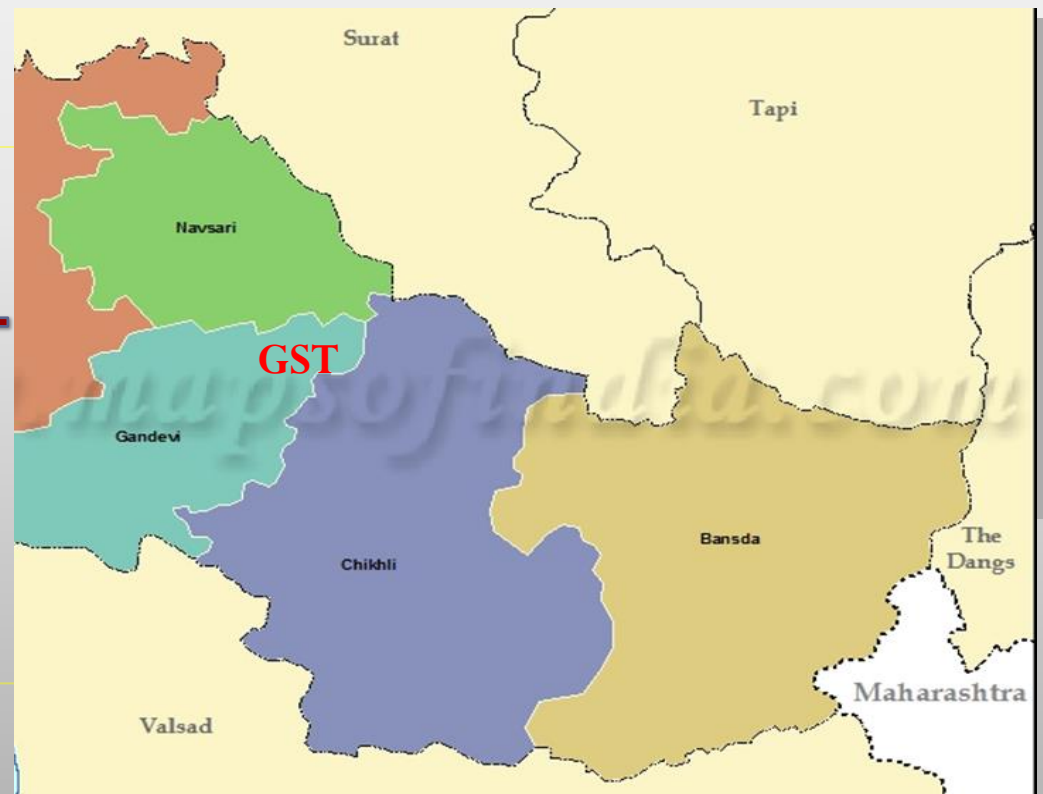
All preventable diseases eradicated in the Western Hemisphere

These “6-shooters” kill 2.1 million children every year!

Gram Seva Trust was started in
1994 in Navsari District of
South Gujarat India

Our Vision:

**Healthy, Happy, Self-
sufficient and Self-
Empowered Rural
communities.**



◆ Our Mission

- Cater to the Health need of every individual
- Render special care to women and children.
- Uplift social and economical status
- Promote curative and preventive measures
- Create awareness for healthy qualitative life and development.





1994



2016



2008



2016

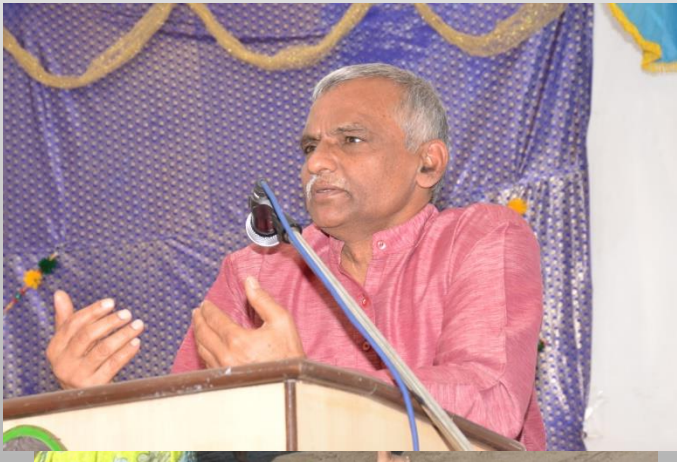
Parodh Balawas

Centre for Child Education and Development

First Green
Hostel in India



Capacity of 100 children
from std. 1 to 12



“PARODH” Child Education and Development Centre

- Migration to Brick factories and salt pans is very common in the villages
- Lack of education facilities for children of such families
- The organization provides residential education and development facilities for 40 such children at present in rented building.
- Our aim to increase the capacity of this facility to 100 children with constructing new building (cost of new building is app. 5 cr. \$640000) was fulfilled this year.



| | Particulars | Required Donation | |
|---|---|-------------------|--------------|
| 1 | Dormitory Hostel 530 sq.ft X 8 Blocks | Rs. 5,00,000 | \$ 8,333.00 |
| 2 | Office 420 sq.ft | Rs. 3,00,000 | \$ 5,000.00 |
| 3 | Kitchen 1550 sq.ft | Rs. 12,00,000 | \$ 20,000.00 |
| 4 | Dining Hall 1410 sq.ft | Rs. 12,00,000 | \$ 20,000.00 |
| 5 | Activity Hall 1410 sq.ft | Rs. 12,00,000 | \$ 20,000.00 |
| 6 | Care Taker Quarter 690 sq ft X 2 blocks | Rs. 5,00,000 | \$ 8,333.00 |
| 7 | Library 565 sq.ft | 5,00,000 | \$ 8,333.00 |
| 8 | Meeting Room 565 sq.ft | 5,00,000 | \$ 8,333.00 |
| 9 | Training Hall 1050 sq,ft | 10,00,000 | \$ 16,666.00 |

A Holistic Approach to Health and Development

1994

- Hospital Services

1998

- Community Health

2003

- Satellite Centre

2003

- Rural Development

Hospital Services

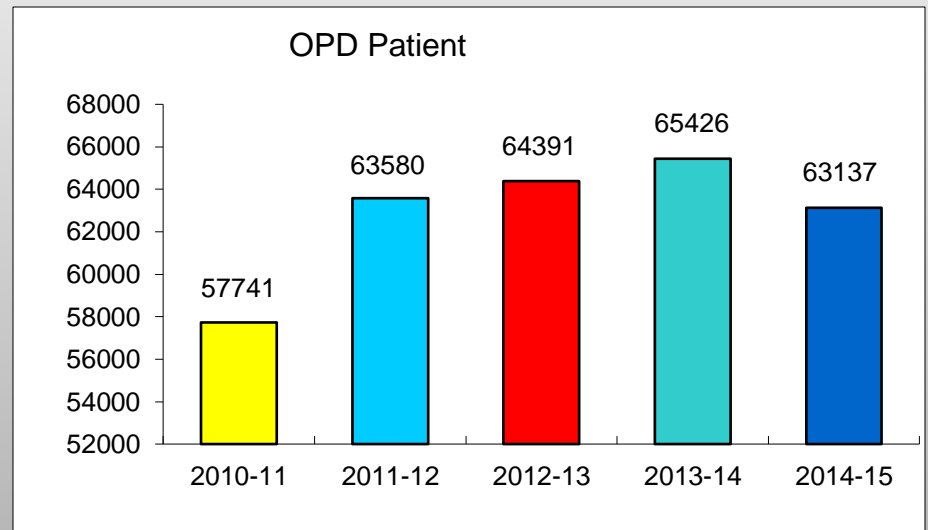
**Over 850,000 patients treated
in 20 years**

OPD 65,000 patients/ year

Indoor 7000 /year

Deliveries 1500 /year

Surgeries 2000 / year



Dimpal's Story

- Studying in std 10.
- Met with Road Traffic Accident
- Severe Abdominal Injuries
- Emergency Operation at Kharel
- Intensive Care given
- Discharged after complete recovery
- Completed her studies and working in Surat Municipal Corporation



Runaben was bitten by a snake in her sleep



- Runaben working as sugarcane cutter
- Sleeping in a tent in the sugarcane fields
- Woke up early one morning due to animal bite on her leg.
- Was brought to our hospital in serious and unconscious condition
- She was given anti snake venom, kept on ventilator and intensive care.
- She improved slowly and her life was saved

Dialysis

- Initiated this program March 2013
- Services at lowest cost Rs.500/\$7.0
- For Poor patients at free of cost
- 4172 dialysis session up to Aug.2016
- 3863 Free Dialysis sessions conducted up to date



Sponsor 14 dialysis sessions in 100 US \$

Economic and rational services



80 % patients
receive relief
in bills

Medicines sold at price
less than MRP
All OPD Meds are free



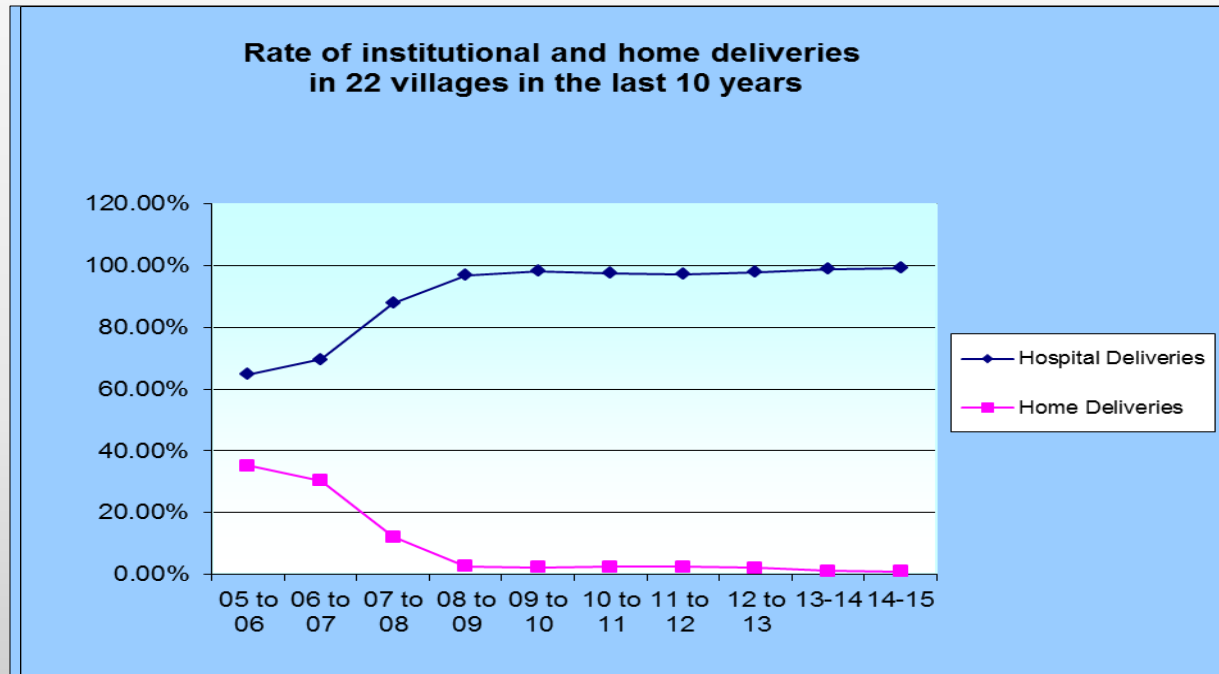
All services under one umbrella



Mother and Baby Friendly Hospital



With the help of the **RMHC** funds, Gram Seva has made significant progress in the health of women and children of surrounding villages



| Details | 2005-6 | 2006-7 | 2007-8 | 2008-9 | 2009-10 | 2010-11 | 2011-12 | 2012-13 | 2013-14 | 2014-15 |
|-------------------------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|
| Total Deliveries | 395 | 550 | 619 | 851 | 860 | 919 | 992 | 903 | 941 | 823 |
| Institutional | 256 | 383 | 544 | 825 | 844 | 897 | 965 | 884 | 931 | 816 |
| Home | 139 | 167 | 75 | 22 | 19 | 22 | 24 | 19 | 10 | 7 |

Public Health



- ❖ Health Awareness Project
- ❖ Child Health & Nutrition Project
- ❖ Antenatal Care Project
- ❖ Adolescent Health Project
- ❖ Geriatric Health Project

Objectives

- Increase Health Awareness in Community
- Screening and Early Detection of Diseases
- Preventive Services
- Promote Healthy Lifestyle Changes in community
- Referral Services



Child Health and Nutrition

Objective: Decrease Malnutrition in Children and Improve Child Health

- **In field Medical checkups**
- **Early diagnosis and treatment of illnesses**
- **Distribution of HM powder**
- **Intensive Home visits**
- **Health education**
- **Nutrition demonstration**
- **Referral Services**
- **Training to Anganwadi workers**



Child Health Scenario in 1998



65% of the children
were malnourished
35% of which were
moderately and
severely malnourished

Story of Sheetal



Shital Treated with AKT (Anti Kochs Therapy) for 6 mths as father had TB.

At age 1 -1/2 yrs she regressed. X rays – Miliary TB. Was given 4 drug Rx. Father died due to alcohol and TB. Mother also suffered from TB but completed her treatment.

Rohit



- Rohit aged 11 years old was brought to Hospital with severe anaemia(Hb 2gm%), huge spleen and breathlessness .
- Was given blood and haematinics

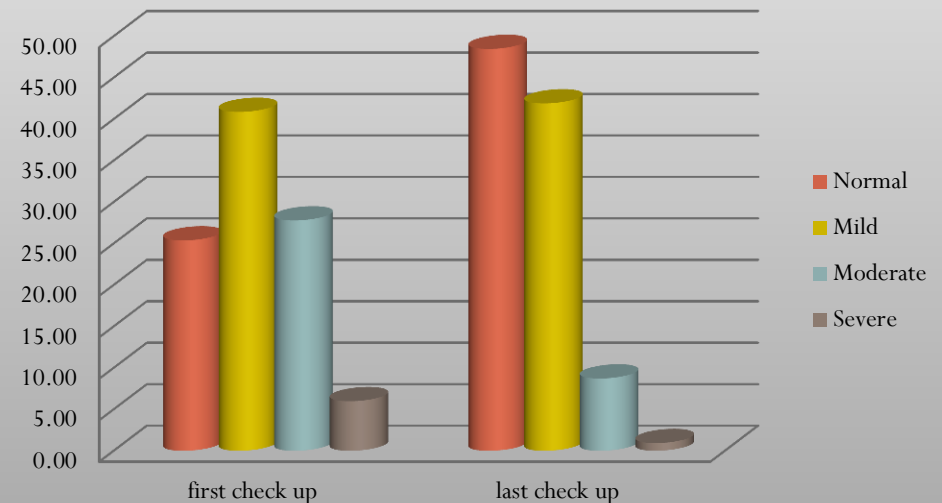
Child Health and Nutrition and its Impact

This project is supported by individual donors and funding agencies. No monetary support has been taken from ICDS

- **Total Villages - 22**
- **Total Anganwadis - 101**
- **Total Children Beneficiaries- 11576**



Nutritional Status of 11576 children registered in this project since 1999



Decreased malnutrition by more than 25% and severe malnutrition to 0.5%

Education

Tutorial classes for Local
village children to
strengthen their primary
education



Parodh Balawas-
Residential Centre for
Child Education and
Development
For children of migrant
workers and broken
families



Satellite Centres

*Health Services to Interior and Underserved Villages
nearly 100km away from Kharel*

- **Satellite Centres
(Bi-Weekly Medical
Dispensaries) in
Dang District**
- **Annual Camps at
various places in
deep interior forest
areas.**



Over 90,000 tribal
patients treated in last 10
years in 2 such centres

Other Public Health Projects

Health Awareness

- Hospital HE Sessions
- Community HE sessions



Antenatal Health Care

- Free ANC clinics
- Delivery Services at affordable rates
- Follow up & Counseling by CHW



Adolescent Health

- Life Education
- Screening for illness eg Anaemia etc
- Vaccination



Geriatric Health

- Screening for Non Communicable Diseases
- Management of Illness
- Life Style Changes through Health Education



Story of Manisha

- Manisha aged 11 at admission in 2008
- Came from a Broken family.
- Father Alcoholic
- Mother a labourer and living separately
- She could not read or write fluently but a hard worker
- Passed her 10th Std
- Completing a Nursing Course now.



Rural Development

A Comprehensive Approach to Health through Education , Sanitation and Women's Empowerment

Education

- **Tutorials**
- **Parodh-CEDC**



Women's Empowerment

- **Micro-credit Groups**
- **Income Generation**



Sanitation

- **Construction of toilets**
- **Awareness**



You Can Help Us

| Hospital | Community Projects |
|--------------------|--|
| Surgeries | • Mother and Child Project |
| Medical Management | • Geriatric Project |
| Cataract Surgeries | • Adolescent Health Project |
| Dialysis Session | • MIS & Information Dissemination System |

100 US \$ can help us to do

- **Medical Management of 2 indoor poor patients**
- **4 cataract surgeries**
- **4 Geriatric patients**
- **14 dialysis sessions**
- **Treat 8 children for malnutrition**
- **Adopt 2 children for education**

Developing as a Training Centre



Trainings

Grass Root workers of NGOs

Govt. Health Workers

Village leaders

Students from India and Abroad

Give back to the world which has given so much to You!



GOD GIVES AND FORGIVES; MAN GETS AND FORGETS

MISSIONS ACCOMPLISHED BY RODA

**Touched the lives of over
8000 children**

**Gave them hope, health
& education**

**Founded a home for 100
orphans & migrant
workers children**

**Educated the adolescent
girls literally, socially, &
vocationally**

**Empowered the Women
thru microcredits**

**Restored the much
needed self respect & self
confidence**

**>37,000 pregnant women
received Prenatal
checkups**

Shameless Beggar

Single handedly collected \$1.8 million in a short span 10 years

My family & I feel honored & privileged to carry on her noble legacy

100 per cent of all funds generated go to the cause & non siphoned for administration

Gram Seva USA is a 501 (c) (3) Non-profit organization

Recognised As



Ex

nosis

We Hope for your Support



Thank you

**PURPOSE OF HUMAN LIFE IS TO SERVE AND TO
SHOW COMPASSION, TO HELP OTHERS.
ALBERT SCHWEITZER**

If

ABCDEFGHIJKLMNOPQRSTUVWXYZ

is equal to

1234567891011121314151617181920212223242526

Hard Work

H+A+R+D+W+O+R+K

$$8+1+18+4+23+15+18+11 = 98\%$$

Knowledge

K+N+O+W+L+E+D+G+E

$$11+14+15+23+12+5+4+7+5 = 96\%$$

Love

L+O+V+E

$$12+15+22+5 = 54\%$$

Luck

L+U+C+K

$$12+21+3+11 = 47\%$$

(don't most of us think this is the most important ???)

Then what makes 100% ?

Is it Money ? ... **NO !!!**

M+O+N+E+Y

13+15+14+5+25 = 72%

Leadership ? ... **NO !!!**

L+E+A+D+E+R+S+H+I+P

12+5+1+4+5+18+19+9+16 = 89%

**Every problem has a solution,
only if we perhaps change our
attitude.**

**To go to the top,
to that **100%**,**

**what we really need to go
further... a bit more...**

ATTITUDE

A+T+T+I+T+U+D+E

1+20+20+9+20+21+4+5 = 100%

**It is OUR ATTITUDE towards
Life and Work that makes OUR
Life **100% !!!****

ATTITUDE IS EVERYTHING

Change Your Attitude ...

And You Change Your Life ! ! !

Women's Empowerment Project



Formation and
Strengthening
of SHG



Training in
Income
Generation
Skills like
Sewing



Production
and Sale of
House
toileteries and
Handicrafts



Sangee-
Sanitary
Napkin
Project



Sanitation Project

- 46 % families deprived of toilet facilities
- 135 toilets built in surrounding villages



Sponsor Surgeries of Poor Patients

Different Type of Surgeries

General Surgery

Gynaecological Surgery

Orthopedic Surgery

Cleft Lip and Palate surgery

Other Deformity Surgeries



**Sponsor One Surgery of a Poor Patient
for 150 US \$**

Medical Management

**Only Medical Management is required for
Patients admitted in Hospital for -**

Infections

Sickle cell Disease

Anaemia

Snake bites

Hypertension

Diabetes

CV Stroke



**Sponsor One Medical Management of a
Poor Patient for 50 US \$**

Cataract Surgeries

Cost of One Cataract Surgery is 25 US \$

- Cataract Problem is a major cause of blindness in the elderly.
- We organize free cataract surgery camps on regular basis
- Appx. 30 Free Surgeries conducted every month



Sponsor 4 cataract Surgeries in 100 US \$

Mother and Child Project

Total Villages 22

Total children 3500 per year

Objectives

- Improve Maternal and Child Health
- Decrease Malnutrition in children
- Decrease Maternal and Child Mortalities



100 US \$ shall help 8 children per year

Adolescent Education Project

Total Villages villages 22
Total adolescents girls 3500
Total adolescent boys 3700

Objectives

- To increase awareness in adolescents regarding health, nutrition, hygiene, pregnancy, illness, addictions etc.
- To increase age of marriage and decrease teenage pregnancies.



**100 US \$ shall help reach 35 adolescents
per year**

Geriatric Health

Total villages - 15

Total beneficiaries - 2700

Objectives

- Screening for Non Communicable Diseases
- Management of illness
- Health Education



100 US \$ will help look after 4 elderly person per year

Hyderabad Mix

Hyderabad Mix:

Wheat 40 gms.
Gram Dal 16 gams.
Peanuts 10 gms.

Add gur (Natural sugar) & oil to
prepare the gruel with water or milk.

1 tsp. Oil will provide 33C

1 tsp. Gur will provide 20C.



Distribution of HM at checkups



Teaching How to make raab with HM

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1994 in Navsari District of
South Gujarat India

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communities.**

