



Information

Concepts

QUALITY EDUCATION

Freedom

Attitude

Imagination

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Today, every parent envisions that their child grow up to be a well-educated and happy human being with good values. However, education often fails to fulfill its true goal

HAPPINESS

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India has one of the world's highest suicide rates for youth aged 15 to 29

-2012 Lancet Report



In 2013 alone, 2,471 suicides were attributed to
"failure in examination"

-NCRB



Eighteen per cent school students (out of 800 surveyed) in Bengaluru have subclinical depression, that is “above average depressive symptoms”

-NIMHANS, Bengaluru, and University of Queensland, Australia, 2016



Every hour, one student commmits suicide in India
-NCRB, 2015



Neither at home nor at school, are any of us taught how to manage our greed, our anger, our jealousy, our frustration and our rage. Nobody teaches us how to manage this mind by which we do all our actions

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Education is not just information

Creation of a strong personality is an integral part of
education

Freedom in the mind is indispensable to quality education

Education is for the head as well as the heart

Harnessing the ancient and being innovative with the
modern is the way forward for education

Education must lay the foundation for long-term prosperity
of the society

425 Free Tribal, Rural and Urban Schools

....educating 58,904 students across 20 states



90 Schools for Families that can Afford to Pay for Education



Heritage Schools in Bengaluru, Puri, Tehri and Farrukhabad

....revitalizing the ancient art and science of Vedic studies & initiating further research into our ancient scriptures



Sri Sri University, Odisha

....bringing the best of Eastern and Western education and providing a *smoke-free, alcohol-free campus*



Sri Sri College of Ayurvedic Sciences and Research



Programmes for Children, Youth and their Mentors

- Utkarsha Yoga (8- 13 years)
- Sri Sri Sanskar Kendra (7- 11 years)
- Medha Yoga (14- 17 years)
- Prajna Yoga (5- 18 years)
- YES Plus (18 + years)
- Happiness for Youth
- Youth Leadership Training Programme
- Stress Free Exams
- Stress Free Teaching
- Know Your Child
- Know Your Teen



Prajna Yoga- The Intuition Process

Ancient wisdom describes human beings as having five layers of experience- the environment, the physical body, the mind, the intuition and our self or spirit

And...there are 3 types of knowledge or information that we get

From the five senses

From the intellect

From intuition

The Prajna Yoga programme trains children in tapping into this (often not fully utilized) source of knowledge- Intuition

“Intuition is getting the right thought at the right moment”

The Power of Intuition

<https://www.youtube.com/watch?v=WS9cBYNFchM>



Prajna Yoga would revolutionize the education system

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We see that Prajna Yoga...

- Enhances intuitive abilities
- Develops photographic memory
- Improves concentration and focus
- Empowers child with clarity and better decision making ability
- Enhances observation, perception and expression
- Relaxes the mind
- Increases interest in studies and extra-curricular activities
- Enhances creative abilities
- Eliminates fears and doubts, and brings confidence
- Improves behaviour, and instills self-discipline

SUSTAINABLE DEVELOPMENT GOALS

4 QUALITY EDUCATION



TARGET 4.7- "By 2030 ensure all learners acquire knowledge and skills needed to promote sustainable development, including among others through education for sustainable development and sustainable lifestyles, human rights, gender equality, promotion of a culture of peace and non-violence, global citizenship, and appreciation of cultural diversity and of culture's contribution to sustainable development"

Education is a vehicle for transformation or metamorphosis of the self and an aid to the growth of economy

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